

March 18, 2019 - March 24, 2019

March 2019							April 2019						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
					1	2		1	2	3	4	5	6
3	4	5	6	7	8	9	7	8	9	10	11	12	13
10	11	12	13	14	15	16	14	15	16	17	18	19	20
17	18	19	20	21	22	23	21	22	23	24	25	26	27
24	25	26	27	28	29	30	28	29	30				
31													

Monday, March 18

- 6:00am - 7:00am Power Fitness (South Gym) 🗓
- 6:30am - 7:30am TRX Suspension (North Gym) 🗓
- 12:00pm - 3:00pm Pickleball (Full Gym) 🗓

Tuesday, March 19

- 8:00am - 9:00am Silver Sneakers (South Gym) 🗓
- 9:00am - 10:30am Preschool (South Gym) 🗓
- 10:00am - 11:00am TRX Suspension Training (North Gym) 🗓
- 12:00pm - 2:00pm Adult Drop-In Basketball (Full Gym) 🗓

Wednesday, March 20

- 6:00am - 7:00am Power Fitness (South Gym) 🗓
- 6:30am - 7:30am TRX Rip Trainer (North Gym) 🗓
- 9:15am - 10:00am Zumbini (North Gym) 🗓
- 11:00am - 12:00pm Silver Sneakers (South Gym) 🗓

Thursday, March 21

- 8:00am - 9:00am Silver Sneakers (South Gym) 🗓
- 10:00am - 11:00am TRX Suspension Training (North Gym) 🗓
- 12:00pm - 3:00pm Pickleball (Full Gym) 🗓

Friday, March 22

- 6:00am - 7:00am Power Fitness (South Gym) 🗓
- 6:30am - 7:30am TRX Suspension (North Gym) 🗓
- 9:00am - 11:00am Pickleball (Full Gym) 🗓
- 12:00pm - 2:00pm Adult Drop-In Basketball (Full Gym) 🗓

Saturday, March 23

Sunday, March 24

- 10:00am - 12:00pm Adult Drop-In Basketball (Full Court) 🗓

March 25, 2019 - March 31, 2019

March 2019							April 2019						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
					1	2		1	2	3	4	5	6
3	4	5	6	7	8	9	7	8	9	10	11	12	13
10	11	12	13	14	15	16	14	15	16	17	18	19	20
17	18	19	20	21	22	23	21	22	23	24	25	26	27
24	25	26	27	28	29	30	28	29	30				
31													

Monday, March 25

- 6:00am - 7:00am Power Fitness (South Gym) 🗓
- 6:30am - 7:30am TRX Suspension (North Gym) 🗓
- 12:00pm - 3:00pm Pickleball (Full Gym) 🗓

Tuesday, March 26

- 8:00am - 9:00am Silver Sneakers (South Gym) 🗓
- 9:00am - 10:30am Preschool (South Gym) 🗓
- 10:00am - 11:00am TRX Suspension Training (North Gym) 🗓
- 12:00pm - 2:00pm Adult Drop-In Basketball (Full Gym) 🗓

Wednesday, March 27

- 6:00am - 7:00am Power Fitness (South Gym) 🗓
- 6:30am - 7:30am TRX Rip Trainer (North Gym) 🗓
- 9:15am - 10:00am Zumbini (North Gym) 🗓
- 11:00am - 12:00pm Silver Sneakers (South Gym) 🗓

Thursday, March 28

- 8:00am - 9:00am Silver Sneakers (South Gym) 🗓
- 10:00am - 11:00am TRX Suspension Training (North Gym) 🗓
- 12:00pm - 3:00pm Pickleball (Full Gym) 🗓

Friday, March 29

- 6:00am - 7:00am Power Fitness (South Gym) 🗓
- 6:30am - 7:30am TRX Suspension (North Gym) 🗓
- 9:00am - 11:00am Pickleball (Full Gym) 🗓
- 12:00pm - 2:00pm Adult Drop-In Basketball (Full Gym) 🗓

Saturday, March 30

Sunday, March 31

- 10:00am - 12:00pm Adult Drop-In Basketball (Full Court) 🗓
- 1:00pm - 4:00pm Rugby Clinic (Full Gym) 🗓

April 1, 2019 - April 7, 2019

April 2019							May 2019							
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	
		1	2	3	4	5	6				1	2	3	4
7	8	9	10	11	12	13	5	6	7	8	9	10	11	
14	15	16	17	18	19	20	12	13	14	15	16	17	18	
21	22	23	24	25	26	27	19	20	21	22	23	24	25	
28	29	30					26	27	28	29	30	31		

Monday, April 1

- 6:00am - 7:00am Power Fitness (South Gym) 🔄
- 6:30am - 7:30am TRX Suspension (North Gym) 🔄
- 12:00pm - 3:00pm Pickleball (Full Gym) 🔄

Tuesday, April 2

- 8:00am - 9:00am Silver Sneakers (South Gym) 🔄
- 9:00am - 10:30am Preschool (South Gym) 🔄
- 10:00am - 11:00am TRX Suspension Training (North Gym) 🔄
- 12:00pm - 2:00pm Adult Drop-In Basketball (Full Gym) 🔄

Wednesday, April 3

- 6:00am - 7:00am Power Fitness (South Gym) 🔄
- 6:30am - 7:30am TRX Rip Trainer (North Gym) 🔄
- 9:15am - 10:00am Zumbini (North Gym) 🔄
- 11:00am - 12:00pm Silver Sneakers (South Gym) 🔄

Thursday, April 4

- 8:00am - 9:00am Silver Sneakers (South Gym) 🔄
- 10:00am - 11:00am TRX Suspension Training (North Gym) 🔄
- 12:00pm - 3:00pm Pickleball (Full Gym) 🔄

Friday, April 5

- 6:00am - 7:00am Power Fitness (South Gym) 🔄
- 6:30am - 7:30am TRX Suspension (North Gym) 🔄
- 9:00am - 11:00am Pickleball (Full Gym) 🔄
- 12:00pm - 2:00pm Adult Drop-In Basketball (Full Gym) 🔄

Saturday, April 6

Sunday, April 7

- 10:00am - 12:00pm Adult Drop-In Basketball (Full Court) 🔄
- 4:00pm - 9:00pm Sunday Basketball League (Full Gym) 🔄

April 8, 2019 - April 14, 2019

April 2019							May 2019							
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	
		1	2	3	4	5	6				1	2	3	4
7	8	9	10	11	12	13	5	6	7	8	9	10	11	
14	15	16	17	18	19	20	12	13	14	15	16	17	18	
21	22	23	24	25	26	27	19	20	21	22	23	24	25	
28	29	30					26	27	28	29	30	31		

Monday, April 8

- 6:00am - 7:00am Power Fitness (South Gym) 🗓
- 6:30am - 7:30am TRX Suspension (North Gym) 🗓
- 12:00pm - 3:00pm Pickleball (Full Gym) 🗓

Tuesday, April 9

- 8:00am - 9:00am Silver Sneakers (South Gym) 🗓
- 9:00am - 10:30am Preschool (South Gym) 🗓
- 10:00am - 11:00am TRX Suspension Training (North Gym) 🗓
- 12:00pm - 2:00pm Adult Drop-In Basketball (Full Gym) 🗓

Wednesday, April 10

- 6:00am - 7:00am Power Fitness (South Gym) 🗓
- 6:30am - 7:30am TRX Rip Trainer (North Gym) 🗓
- 9:15am - 10:00am Zumbini (North Gym) 🗓
- 11:00am - 12:00pm Silver Sneakers (South Gym) 🗓

Thursday, April 11

- 8:00am - 9:00am Silver Sneakers (South Gym) 🗓
- 10:00am - 11:00am TRX Suspension Training (North Gym) 🗓
- 12:00pm - 3:00pm Pickleball (Full Gym) 🗓

Friday, April 12

- 6:00am - 7:00am Power Fitness (South Gym) 🗓
- 6:30am - 7:30am TRX Suspension (North Gym) 🗓
- 9:00am - 11:00am Pickleball (Full Gym) 🗓
- 12:00pm - 2:00pm Adult Drop-In Basketball (Full Gym) 🗓

Saturday, April 13

Sunday, April 14

- 10:00am - 12:00pm Adult Drop-In Basketball (Full Court) 🗓
- 1:00pm - 4:00pm Rugby Clinic (Full Gym) 🗓
- 4:00pm - 9:00pm Sunday Basketball League (Full Gym) 🗓

April 15, 2019 - April 21, 2019

April 2019							May 2019							
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	
		1	2	3	4	5	6				1	2	3	4
7	8	9	10	11	12	13	5	6	7	8	9	10	11	
14	15	16	17	18	19	20	12	13	14	15	16	17	18	
21	22	23	24	25	26	27	19	20	21	22	23	24	25	
28	29	30					26	27	28	29	30	31		

Monday, April 15

- 6:00am - 7:00am Power Fitness (South Gym) 🔄
- 6:30am - 7:30am TRX Suspension (North Gym) 🔄
- 12:00pm - 3:00pm Pickleball (Full Gym) 🔄

Tuesday, April 16

- 8:00am - 9:00am Silver Sneakers (South Gym) 🔄
- 9:00am - 10:30am Preschool (South Gym) 🔄
- 10:00am - 11:00am TRX Suspension Training (North Gym) 🔄
- 12:00pm - 2:00pm Adult Drop-In Basketball (Full Gym) 🔄

Wednesday, April 17

- 6:00am - 7:00am Power Fitness (South Gym) 🔄
- 6:30am - 7:30am TRX Rip Trainer (North Gym) 🔄
- 9:15am - 10:00am Zumbini (North Gym) 🔄
- 11:00am - 12:00pm Silver Sneakers (South Gym) 🔄

Thursday, April 18

- 8:00am - 9:00am Silver Sneakers (South Gym) 🔄
- 10:00am - 11:00am TRX Suspension Training (North Gym) 🔄
- 12:00pm - 3:00pm Pickleball (Full Gym) 🔄

Friday, April 19

- 6:00am - 7:00am Power Fitness (South Gym) 🔄
- 6:30am - 7:30am TRX Suspension (North Gym) 🔄
- 9:00am - 11:00am Pickleball (Full Gym) 🔄
- 12:00pm - 2:00pm Adult Drop-In Basketball (Full Gym) 🔄

Saturday, April 20

Sunday, April 21

- 10:00am - 12:00pm Adult Drop-In Basketball (Full Court) 🔄
- 4:00pm - 9:00pm Sunday Basketball League (Full Gym) 🔄

April 22, 2019 - April 28, 2019

April 2019							May 2019							
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	
		1	2	3	4	5	6				1	2	3	4
7	8	9	10	11	12	13	5	6	7	8	9	10	11	
14	15	16	17	18	19	20	12	13	14	15	16	17	18	
21	22	23	24	25	26	27	19	20	21	22	23	24	25	
28	29	30					26	27	28	29	30	31		

Monday, April 22

- 6:00am - 7:00am Power Fitness (South Gym) 🗓
- 6:30am - 7:30am TRX Suspension (North Gym) 🗓
- 12:00pm - 3:00pm Pickleball (Full Gym) 🗓

Tuesday, April 23

- 8:00am - 9:00am Silver Sneakers (South Gym) 🗓
- 9:00am - 10:30am Preschool (South Gym) 🗓
- 10:00am - 11:00am TRX Suspension Training (North Gym) 🗓
- 12:00pm - 2:00pm Adult Drop-In Basketball (Full Gym) 🗓

Wednesday, April 24

- 6:00am - 7:00am Power Fitness (South Gym) 🗓
- 6:30am - 7:30am TRX Rip Trainer (North Gym) 🗓
- 9:15am - 10:00am Zumbini (North Gym) 🗓
- 11:00am - 12:00pm Silver Sneakers (South Gym) 🗓

Thursday, April 25

- 8:00am - 9:00am Silver Sneakers (South Gym) 🗓
- 10:00am - 11:00am TRX Suspension Training (North Gym) 🗓
- 12:00pm - 3:00pm Pickleball (Full Gym) 🗓

Friday, April 26

- 6:00am - 7:00am Power Fitness (South Gym) 🗓
- 6:30am - 7:30am TRX Suspension (North Gym) 🗓
- 9:00am - 11:00am Pickleball (Full Gym) 🗓
- 12:00pm - 2:00pm Adult Drop-In Basketball (Full Gym) 🗓

Saturday, April 27

Sunday, April 28

- 10:00am - 12:00pm Adult Drop-In Basketball (Full Court) 🗓
- 4:00pm - 9:00pm Sunday Basketball League (Full Gym) 🗓