

# Tiny Explorers

January 2014

Miss Dana, Miss Lindsey, Miss Sydney



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What will we be exploring this month?

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- *Locks and keys*
  - *Sensory table exploring rice, beans, and glitter of course!*
  - *Collaborative craft activities*
  - *Welcoming our new classmates*
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“It is the  
supreme art of  
the teacher to  
awaken joy in  
creative  
expression and  
knowledge.”

~ Albert Einstein

## Wrap-Up

**The month of December passed quickly. We discovered that the children love to play in the snow, whether it is real snow or Polly fill and glitter. There has been a lot of exploration happening in the classroom; the children are learning about ramps and what objects can slide or roll down. We explored how quickly ice can form when it's really cold outside, and we even learned how to make steam and snowflakes.**



*If your child has a birthday coming up and you would like to have a celebration in class please let one of the teachers know. In order to continue our healthy initiative we ask that parents only plan on sending in fresh fruit and/or vegetables. You are also welcome to skip the food and have the kids complete a fun game or craft.*

### **Healthy Eating Habits**

**We just want to remind parents to send in a healthy snack along with a low-sugar beverage. The students have shown a great interest in making fruit and vegetable smoothies, so we will be asking parents to send in some ingredients to help make a smoothie in our classroom.**



### **Healthy Eating Tip**

Skip the pre-made trail mix and make your own. Use your favorite nuts and dried fruits, such as unsalted peanuts, cashews, walnuts, or sunflower seeds mixed with dried apples, pineapple, cherries, apricots, or raisins. Add whole-grain cereals to the mix, too.

[choosemyplate.gov](http://choosemyplate.gov)

### **Wish list:**

- *Fresh fruit and veggies (a separate note will be sent home)*

### **Contact Information:**

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