Creative Discovery Newsletter

Ms. Connie & Ms. Jamie
Tuesday/Thursday
8:00-11:30 AM

November 2013

Fall!

In October, our class has explored with all of our senses! We have used our gross and fine motor skills hammering tees into pumpkins, and our ears to hear the sounds it made. We used our sense of touch to feel the inside of a pumpkin. We used our smell and taste senses to experience the wonderful spices of the season as we roasted pumpkins with cinnamon and baked two flavors of pumpkin seeds. We used our sight to see different sizes of pumpkins and count the seeds inside them.

The children have also gained social confidence during our show and tell times. They are bringing special items to share and telling all of their friends many details.

Important Dates:

Fall Break: November 25-29

Scholastic Book orders due: 11/7

Show & Tell:

11/7: Something warm

11/14: Cozy Critter

11/21: Picture/drawing of people that are special to you.

Scholastic Book Orders

In an effort to be Eco Friendly, and expedite order processing, we are encouraging all book orders to be done online.

Please use code: **LF7GF**

Looking Ahead

In November we have a lot more leaning through play planned!

We will be using our senses and science more as we bake special seasonal muffins!

We will also be having fun with the season and being thankful.

We will be taking advantage of our beautiful Fall Season by observing nature's changing colors.

Reminder: There is no school November 25-29th. Enjoy your Fall Break! We will see you all December 3rd!

Healthy Tip:

It can be a challenge to get your kids to eat five fruits and vegetables a day. Here are some great tips:

Try to serve fresh, frozen or canned fruits/vegetables with every meal

Provide fruit or carrot sticks as a snack

Buy 100% Juice with no added sugar

Mix vegetables into dishes, like adding peas to rice or cucumbers in a sandwich

For more ideas visit: letsmove.gov

Keep up the great work with the healthy snacks you have been providing in your child's snack at school!

***Don't forget water bottles daily!**

Book Corner:

Pumpkin Soup

By Helen Cooper

Popcorn

By Frank Asch

The Thankful Book

By Todd Parr

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