

**\*\*Connected Journeys\*\***

Ms. Jamie & Ms. Sue  
M-W-F AM

**\*\*Fall Break: November 25-29\*\***



October has definitely come and gone quickly! The children are familiar with the daily routines in our classroom, and helping each other along the way! We have introduced two new words this month in addition to **conglomeration**, **octagon** and **investigation**. This presents so many ways to expand our literacy skills: clap the beats to each word, (how many claps in your name?) count the "o's" in each word, find a letter in your name from each word or say other words starting with the same beginning sound from each word... playing and learning together!

Encourage fine motor skills with your child:

- Squeeze, twist, pull and mold play dough into shapes and letters
- Together with your child, clip out coupons
- Pick up pennies and put into piggy bank
- Give your child a colander and some pipe cleaners...watch what happens!

Our favorite stories last month:

\***OOOPS!** by Colin McNaughton

\***What Was I Scared Of** by Dr. Seuss

\***Stellaluna** by Janell Cannon

**\*\*\*\*Remember your water bottles daily\*\*\*\***

As part of our wellness initiative, this month's healthy nutrition tid-bit:

Reach for a tall glass of water instead of sugar sweetened drinks. **Make water exciting!**  
Add a slice of lemon, lime, cucumber or watermelon.

(Let'smove.gov)



AND...this month's healthy activity tid-bit:

Kids need 60 minutes of moderate to vigorous active play every day. It may sound like a lot, but it doesn't all need to happen at one time.

**Make bike-riding a family affair!**

All young children are great artists...

The importance of their art is in the act of creating with confidence and in using their imaginations.

It is our sacred trust not to take away this gift from our children, but to encourage and nurture it at every opportunity.

~Susan Striker~

**Show & Tell**

Fri Nov 8---large or little leaf

Fri Nov 15---super special stuffie

Fri Nov 22---1 favorite fruit for our fabulous fruit feast

Please feel free to email us anytime with questions, concerns, or comments, or if your child will be out!

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