American Red Cross

The purpose of the American Red Cross Swimming and Water Safety program is to teach individuals of different ages and abilities how to swim and be safe in, on and around the water. In a logical progression, the program covers the knowledge and skills needed for aquatic skill development. As participants develop these skills, they will become better swimmers. Our program features American Red Cross certified swim instructors who give personalized attention to each student. The preschool (Dolphin) classes strive for a 4:1 student to instructor ratio and a 5:1 ratio for our Level 1-6 Program.

UNSURE WHICH LEVEL YOUR CHILD BELONGS IN?
Schedule a 5 minute swim assessment with a certified instructor. Contact Tiara Purcell 303-665-0469 or by email tiarap@cityoflafayette.com

Aqua Babies; 6-24 months
Develop a high comfort level in the water while at the same time training parents in water safety and drowning prevention. This class is a fun and confidence building experience. One parent must be in the water with each child. Swim diapers required. 8:1 student-to-instructor ratio.

Aqua Tots; 24-36 months
Students will learn to float, blow bubbles, put their face in the water independently and be introduced to deeper water. One parent must be in the water with each child. Swim diapers required. 8:1 student-to-instructor ratio.

HOME SCHOOL LESSONS AGES 3+

These lessons are geared more towards children who are homeschooled but are open to anyone who would like to enroll. Classes are split by age group and will follow curriculum used in the American Red cross swimming and water safety program.

PRESCHOOL ages 3-5

Code	R/NR	Day	Time	Date
343390-A	$25R/ $30NR	Mon	11:25-11:55 am	9/30-10/21
343390-B	$25R/ $30NR	Mon	11:25-11:55 am	10/28-11/18
343390-C	$20R/ $25NR	Mon	11:25-11:55 am	12/2-12/16 (3 weeks)

GRADE SCHOOL ages 6+

Code	R/NR	Day	Time	Date
343490-A	$25R/ $30NR	Mon	12:00-12:30 pm	9/30-10/21
343490-B	$25R/ $30NR	Mon	12:00-12:30 pm	10/28-11/18
343490-C	$20R/ $25NR	Mon	12:00-12:30 pm	12/2-12/16 (3 weeks)

LEVEL	CLASS FOCUS	PRE-REQUISITE	AGE
Dolphin 1	Being in a class setting & going under water independently	Child must be ready to participate in a group setting	3-5
Dolphin 2	Floating, breath control underwater & forward movement in the water	Going under water without hesitation	3-5
Dolphin 3	Front Crawl stroke with breathing & being comfortable in deep water	Floating independently on front and back and forward movement through water	3-5
Dolphin 4	Improves strokes, endurance, basic dives & comfort in deep water	Swim 15 yards with coordinated arm and leg movement	3-5
Level 1	Being in a class setting & going under water independently	Child must be ready to participate in a group setting	6+
Level 2	Floating, breath control underwater & forward movement in the water	Going underwater without hesitation	6+
Level 3 Beginner	Front Crawl, deep water adjustment	Floating on front and back independently	6+
Level 3 Advanced	Front Crawl with breathing, elementary backstroke & diving basics	Front Crawl & comfortable in deep water	6+
Level 4	Stroke work for 4 competitive strokes plus sidestroke & elementary backstroke	Swim 15 yards of front crawl with breathing	6+
Level 5	Increase swimming efficiency & distance	Swim 25 yards of front crawl with breathing, breaststroke & elementary backstroke	6+
Level 6	Swimming & skill proficiency for a lifetime	Swim 4 competitive strokes plus sidestroke & elementary backstroke efficiently	6+

Private & Semi-Private Swim Lessons

The swim instructors at the Bob L. Burger Recreation Center offer fun, exciting and effective private swim lessons. Lessons can be held for one or two persons on their schedule and are 30 minutes in length. To sign up, go online to www.cityoflafayette.com/recreation or call Tiara Purcell at 303-665-0469.

Class	Resident	Non-Resident
Private / 3-Pak Private	$20 / $54	$25 / $69
Semi-Private/ 3-Pak Semi-Private	$15* / $35* ***per student***	$18* / $45* ***per student***