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News Release

FOR IMMEDIATE RELEASE

The Lafayette Recreation Department celebrates "July is National Parks and Recreation Month" with a month of exciting activities!

Lafayette, **Colo** – **July 6**, **2012** In July, the City of Lafayette Recreation Department calls upon community members to join in recognizing the importance of our community's parks and recreation facilities and to learn more about how to utilize the places that bring Lafayette a higher quality of life, safer places to play, and healthy alternatives through recreational programming for all.

The full calendar of events and activity descriptions are available on the Recreation Department's website: www.cityoflafayette.com/recreation

The full calendar and list of activities are attached to this press release.

free equipment use

11 Kids Safety Day 10am-2pm: LaMont Does Park (500 S Boulder Rd)- Safety activities/exhibits, food. Free swim begins at 12pm 11 Picnic on the Plaza Held every Wednesday from 12-1pm at Festival Plaza Free music 11 Concert Series Recreation Dept sponsored concert series at Festival Plaza; Nolan McInnis Band - 7pm 13 TRYathlon for Kids Kids 6-11 will swim, run & bike at LaMont Does Park 11am. Register/pay in Person / online. \$10/\$15 w/free open swim. 14 Stream Bug Talk Join LOSAC and Open Space Staff for a fun and informative "Bug Talk" at the Outdoor Classroom (located adjacent to the Skate Park and Recreation Center). 9-10am. Parent supervision required for children 8 and under. 17 Dream Big Storytime Dream Big bilingual storytime with stories, games and crafts for toddlers through kindergarten and caregivers. Every Tuesday at Festival Plaza 18 Concert Series Recreation Dept sponsored concert series at Waneka Lake Park; Ryan Shupe and the Rubberband - 7pm 20 Free Family Golf 4-7pm @ Indian Peaks Golf Course; 9 hole putting course, Free range balls,

Sampling of Events

Page 2 City of Lafayette

20 Art Night Out Artists booths, children's activities food truck, beer garden. Quemando Band

4 to 9 pm at Festival Plaza

21 Nature Walk Join LOSAC and Open Space Staff for a family-friendly nature walk. Meet at

Waneka Lake Boathouse at 8am; 8-9am

Parent's Day
 \$10 admits 2 adults and 2 children at the Bob Burger Recreation Center.
 Concert Series
 Recreation Dept sponsored concert series at Waneka Lake Park; That

EightiesBand - 7pm

28 Bike Tour Bike the Coal Creek-Rock Creek Trails. Meet 9am @ S. Public Rd Trailhead.

Family-friendly but some of the ride will be along roads with bike lanes.

29 Friends/Family Day Purchase 1 admission to the Recreation Center or LaMont Does Pool and

receive a 2nd admission of equal or lesser value for free! Web coupon must

be presented - download at www.cityoflafayette.com/recreation

31 Women's Gold Register @ Indian Peaks Golf Course: www.indianpeaks.com; \$99/5 lessons

City of Lafayette Recreation Department 111 W. Baseline / Lafayette, CO 80026 (303)665-0469 www.cityoflafayette.com/recreation

About the National Recreation and Park Association

The National Recreation and Park Association (NRPA) is a national not-for-profit organization dedicated to advancing park, recreation and conservation efforts that enhance quality of life for all people. Through its network of 21,000 recreation and park professionals and citizens, NRPA encourages the promotion of healthy lifestyles, recreation initiatives, and conservation of natural and cultural resources. For more information, visit www.nrpa.org. For digital access to NRPA's flagship publication, Parks & Recreation, visit www.parksandrecmagazine.org.

"Park and Recreation Month is the time to show all of America, citizens and public decision makers alike, of the extremely exciting and important role that parks and recreation play for communities," said Barbara Tulipane, CEO of NRPA. "I can't think of a better excuse for citizens to get out every day and experience for themselves the positive health effects, economic benefits, social interaction, and connection to nature and open space that comes with vibrant and supported parks and recreation."

Park and Recreation Month is a program of the National Recreation and Park Association. For more information, go to www.nrpa.org













celebrate JULY

July is National Parks and Recreation Month

| sun | mon | tues | Wed | thurs | <mark>f</mark> p1 | Sat |
|---|---|---|--|--|---|--|
| 1 | 2 | 3 | 4 4th of July celebration @ Waneka Lake | 5 | 6 | 7 Walk with a Doc Meet at the Rec Cntr @ 9am Free! |
| 8 | JUNIOR GOLF CLINICS Ages 5-17 @Indian Peaks Beg., Inter. & Mini- Camps Available (various dates/\$\$) | DREAM BIG FAMILY STORYTIME every Tues @ Festival Plaza 10:30-11:30a Free! | 11 KIDS PUBLIC SAFETY DAY 10:00am-2:00pm Concert Series Festival Plaza Nolan McInnis 7pm | 12 | "TRY"athlon for Kids Ages 6-11 LaMont Does Park 11 am; \$10/\$15 | TALK Family-friendly class @ the Outdoor Classrm Begins at 9am Free! |
| 15 | 16 | 17 CELEBRATE National Ice Cream Month! Senior Lunch & Ice Cream 11:00 am-1:00pm Whitetail Park Suggested donation | 18 Picnic on The Plaza Free Music 12-1pm Concert Series Waneka Lake Ryan Shupe 7pm | 19 | ART NIGHT OUT @ Festival Plaza: 4-9pm FAMILY GOLF NIGHT 4:00-7:00pm Free Activities! | BIRD & NATURE WALK Family-friendly tour of riparian areas @ Waneka Lake Park Meet at 8am Free! |
| It's National Parent's Day! \$10 Admission for a family of 4 at the BBRC | 23 | 24 | Picnic on The Plaza Free Music:12-1pm Concert Series Waneka Lake That Eighties Band 7:00pm | 26 | BIKE RIDE 10-11:30am Start @ Senior Services Center register by 7/25 Free! | 28 GUIDED BIKE TOUR Family-friendly bike ride Meet at 9am So Public Rd Trailhead Free! |
| FRIENDS AND FAMILY DAY Buy One Get One Free the BBRC or LaMont Does Outdoor Pool | 30 | Womens only Golf lessons @ Indian Peaks 5 lessons for \$99 Register @ Indian Peaks | See bac | nese events require a nese events require a nese events require a neww.cityoflafayette.cock side for detand at www.cityoflafayetyo | web coupon; downlom/recreation | rmation |

updated 7/2/12



For event details visit www.cityoflafayette.com/recreation

JULY is Nat^ol Parks and Recreation Month



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|--------|--------|-------|---------|---------|-----|

| DATE | <u>RSVP</u> | <u>EVENT</u> | DESCRIPTION | |
|------|-----------------|-------------------------|--|--|
| 4 | | 4th of July Celebration | Join the Lafayette Chamber for fireworks, food, a beer & wine garden, face painting, balloon sculpting, lawn games, music, pie eating contest and more. Visit www.lafayettecolorado.com or call 303-666-9555 for additional details. | |
| 7 | | Walk with a Doc | 1 mi walk with an Exempla Doctor. Short 5 minute health talk prior to the walk. Meet at the Rec Center at 9am. | |
| 9 | X | Junior golf clinics | Register @ Indian Peaks Golf Course: www.indianpeaks.com; various dates and prices | |
| 10 | | Dream Big Storytime | Dream Big bilingual storytime with stories, games and crafts for toddlers through kindergarten and caregivers. | |
| 11 | | Picnic on the Plaza | Held every Wednesday from 12-1pm at Festival Plaza 309 S. Public Rd. Free music. Lunch registration req'd the day before; \$5.50 for ages 59 and under, donations suggested for ages 60+ Call 303-665-9052 ext. 1 to register | |
| 11 | | Kids Safety Day | 10am-2pm: LaMont Does Park (500 S Boulder Rd)- Safety activities/exhibits, food. Free swim begins at 12pm | |
| 11 | | Concert Series | Recreation Dept sponsored concert series at Festival Plaza; Nolan McInnis Banc - 7pm | |
| 13 | X | TRYathlon for Kids | Kids 6-11 will swim, run & bike at LaMont Does Park 11am. Register/pay in person/online. \$10/\$15 w/free open swim. | |
| 14 | | Stream Bug Talk | Join LOSAC and Open Space Staff for a fun and informative "Bug Talk" at the Outdoor Classroom (located adjacent to the Skatepark and Recreation Center). 9-10am. Parent supervision req'd for children 8 and under. | |
| 17 | | Dream Big Storytime | Dream Big bilingual storytime with stories, games and crafts for toddlers through kindergarten and caregivers. | |
| 17 | X | Lunch at Whitetail | Join Sr Svcs for lunch, ice cream and a walk at WhiteTail Park 11-1pm. Lunch registration req'd the day before; \$5.50 for ages 59 and under, \$3 donations suggested for ages 60+ Call 303-665-9052 ext. 1 to register | |
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| 20 | | Free Family Golf | 4-7pm @ Indian Peaks Golf Course; 9 hole putting course, Free range balls, free equipment use | |
| 20 | | Art Night Out | Artists booths, children's activities food truck,beer garden. Quemando Band 4 to 9 pm at Festival Plaza | |
| 21 | | Nature Walk | Join LOSAC and Open Space Staff for a family-friendly nature walk. Meet at Waneka Lake Boathouse at 8am 8-9am | |
| 22 | | Family Admission | \$10 admits 2 adults and 2 children at the Bob Burger Recreation Center. | |
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| 27 | X | Bike to stay fit! | Register by 7/25 w/Sr Services 303-665-9052. Provide your own bike Free! | |
| 28 | | Bike Tour | Bike the Coal Creek-Rock Creek Trails. Meet 9am @ S. Public Rd Trailhead. Family-friendly but some of the ride will be along roads with bike lanes. | |
| 29 | coupon req'd | Friends/Family Day | Purchase 1 admission to the Recreation Center or LaMont Does Pool and receive a 2nd admission of equal or lesser value for free! Web coupon must be presented - download @ www.cityoflafayette.com/recreation | |
| 30 | | Dream Big Storytime | Dream Big bilingual storytime with stories, games and crafts for toddlers through kindergarten and caregivers. | |
| 31 | X | Women's golf lessons | Register @ Indian Peaks Golf Course: www.indianpeaks.com; \$99/5 lessons | |



Present this web coupon on July 29 at either facility to receive your special "buy one get one free" offer.

Lafayette is proud of the recreational offerings available in our community! Be sure to download the July Activities Calendar and take advantage of <u>all</u> the free and low cost events this month!

Lafayette Recreation Department 111 W. Baseline Rd (303) 665-0469

JULY is Nat'l Parks and Recreation Month

2012 Friends & Family Day!

Purchase one daily admission to the Bob L. Burger Recreation Center or the LaMont Does Outdoor Pool on Sunday, July 29 and receive a 2nd daily admission of equal or lesser value for FREE!

Name

City / Email Address (yes! I would like to receive your monthly e-newsletter!)



X = These events require a reservation.

www.cityoflafayette.com/recreation